

# 2012 RealifeChurch 21 Days of Prayer & Fasting

- Jan. 8 - Our Mission : Worshiping God
- Jan. 9 - Our Mission : Reaching People
- Jan. 10 - Our Mission : Compelled to Serve
- Jan. 11 - Our Ministries : RealKIDS
- Jan. 12 - Our Ministries : RealYOUTH
- Jan. 13 - Our Ministries : Life Groups
- Jan. 14 - Our Ministries : Worship Experiences
- Jan. 15 - Our Ministries : Our Missionaries
- Jan. 16 - Our Ministries : Local Outreach
- Jan. 17 - Our People : Marriages & Family
- Jan. 18 - Our People : Financial Freedom
- Jan. 19 - Our People : Physical Healing
- Jan. 20 - Our Church : Servant Leaders
- Jan. 21 - Our Church : Pastors & Leaders
- Jan. 22 - Our Church : Financial Provision
- Jan. 23 - Our Church : Unity
- Jan. 24 - Our Church : Outpouring of the Spirit
- Jan. 25 - Our Community : Salvation of the Lost
- Jan. 26 - Our Community : Local Leadership
- Jan. 27 - Our Community : Schools & Students
- Jan. 28 - Our Community : Local Churches

## Reading Plan New Testament in 2012

Throughout 2012 we will be reading through the entire New Testament. Sign up for the plan at [www.YouVersion.com](http://www.YouVersion.com). The reading plan is called "Project 345". You can also download the "You Version" app on your smartphone or iPad. This simple plan will unite us throughout 2012! See the reverse side of this card for ideas on journaling using the S.O.A.P. method.

[www.realifechurch.org](http://www.realifechurch.org)

## OUR FOCUS

This prayer guide will give you a different topic each day that we are praying for together as a church body. The power of unified prayer and fasting is unstoppable. There are personal needs, promises and breakthroughs that you are believing for in your own life as well. Make these things an intentional matter of prayer, and expect God to move in your family, finances, career, business, ministry, community and beyond!

## THE S.O.A.P. DEVOTIONAL METHOD

SOAP is a great way to do devotions. Whether you are a seasoned Christian or you are new to the faith, this can be a revolutionary application to your daily time with the Lord. SOAP is simply a way to help you comprehend your daily reading & apply it to your life. Here's how it works:

1. Every day you will read one chapter from the Bible.
2. Identify one verse from that chapter that you will journal about.
3. Break that verse down using S.O.A.P. Here's what it stands for.

### S- Scripture:

Write out the one verse that you chose to journal about.

### O- Observation:

Rewrite the scripture in your own words as God speaks to you.

### A- Application:

Right a couple of sentences that start with an "I need to", "I should" or "I will" statement. This is what you feel God is telling you to do about this scripture, how you will apply it to your life.

### P- Prayer:

Write out a short prayer to God as it applies to the scripture you chose and how you will apply it. Ask God for help or insight with this verse.

## TYPES OF FASTING

We will be engaging in different levels of fasting. Of course, how you fast is up to you. Determine in your mind how you are going to fast and stick to it. You can do it!

**Sweets & Pop-** Do not eat/drink any desserts or sweets or soda.

**Daniel Fast-** Eat no meat, sweets or bread. Drink water and juice. Eat fruits, vegetables and nuts.

**Full Fast-** Drink only liquids

**Media Fast-** Turn off media: TV, video games, internet, facebook, etc. *(a media fast is a great alternative for those who cannot fast from food)*

## 2012 FASTING & PRAYER SCHEDULE

JAN. 8-14 : Sweets & Pop

JAN. 15-21 : Daniel Fast

JAN. 22-28 : Full Fast

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